



# INSTITUTE OF CONSECRATED LIFE - SANYASA

(Incorporated to the Faculty of Theology, Pontifical Lateran University, Rome)

## 22<sup>nd</sup> ICLS SEMINAR FROM DILEXIT NOS TO DILEXI TE: I Love, Because I Am Loved

7 February 2026 (Saturday)

### GUIDELINES FOR POSTER PRESENTATIONS

- Religious communities – especially formation houses and theological institutes -- are invited to make poster presentations, based on the Seminar Theme. The posters must be creative, informative, and contributing to the reflection on the Theme. *Only those poster presentations reserved in advance will be permitted.* Registrations will be received on a first-come-first-served basis.
- **Deadline to register for Poster Presentation: January 25, 2026. Contact Sr. Geraldine for Registration: 91487 93498**
- Poster Presentation will take place in two phases. The first phase is during the lunch hour (1.00 – 2.00 p.m.) Posters must be exhibited on the designated easels before 12.30 p.m. Easels will be provided. Each team must be stationed at their poster during the entire one hour, interacting with the viewers, explaining their poster content and answering the queries of the seminar participants. The second phase will be from 2.00 to 2.45 p.m. in the auditorium where each team will display their posters and give a verbal explanation of the poster for not more than 3 minutes.
- The best three posters (assessed for: content + design + quality of interaction with the participants + common presentation at the plenary) will be awarded cash prizes of Rs.2,500, Rs.2,000, and Rs.1,500 respectively.

#### **How to Prepare a Poster**

- The maximum size for poster shall be 36" x 48". No bigger posters will be permitted. The frame for the poster and the easel to place it will be provided at the venue. You need to be present at the venue two hours before the presentation time slotted to get ready with the presentation logistics.
- The Poster could be typeset in PowerPoint and then printed out. Or, it could be written and drawn in hand (neat, legible, easily readable from one meter away)



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- If you like, you may divide the poster into 3-5 columns. Use headings to identify sections. Avoid long stretches of texts. Use shorter phrases or sentences. Ideally use bulleted phrases for ease of reading by the viewers. Break up text with pictures, tables, figures, etc. Have a balance between text, graphics. Visual appeal is important; so is the content communicated. Use colors. Blank space should make up at least 30% of your poster for optimal visual effect and ease of reading.
- Viewers should be able to scan material quickly. You have about 5 seconds to attract viewers, as they pass by the posters.
- It is also helpful (but not obligatory) to give out a one-page summary handout of your poster content. If you have prepared your poster via PowerPoint, it helps to print out an A4 size color copy of the poster as the handout, to give out to the viewers.
- Here are some of the websites that can give you good insights and tips as to how to make effective posters (these sites are about academic posters on secular or scientific disciplines. You might want to “adapt” the methodology to suit a theological topic that we deal with.)
  - Purrington, Colin 2015. *Designing conference posters*.  
<http://colinpurrington.com/tips/poster-design>
  - University of Buffalo. *Designing Effective Poster Presentations*.  
<http://libweb.lib.buffalo.edu/guide/guide.asp?ID=155>
  - *UC Poster Templates*. <http://healthnews.uc.edu/branding/>
  - *How to Make an Effective Poster*.  
[https://urc.ucdavis.edu/sites/g/files/dgvnsk3561/files/local\\_resources/documents/pdf\\_documents/How\\_To\\_Make\\_an\\_Effective\\_Poster2.pdf](https://urc.ucdavis.edu/sites/g/files/dgvnsk3561/files/local_resources/documents/pdf_documents/How_To_Make_an_Effective_Poster2.pdf)
- For any further details or clarifications, write to: [\*\*programsicls@gmail.com/\*\*](mailto:programsicls@gmail.com)

### **HOW TO REGISTER FOR SEMINAR:**

Click on this link for accessing the Google form for Seminar Registration:

[\*\*https://forms.gle/sJVUPDR8JMgk5EAM8\*\*](https://forms.gle/sJVUPDR8JMgk5EAM8)

Best wishes!

**Organizing Team**  
**ICLS Seminar 2026**